#### 2.4.6 Closed-Circuit Rebreather Cave Diver

#### 2.4.6.1 Course Outcomes

The GUE Closed-Circuit Rebreather Cave Diver course is designed to provide experienced GUE cave and closed-circuit rebreather divers with the additional knowledge and practice needed to safely use closed-circuit rebreathers in a cave environment. This course is an advanced level closed-circuit rebreather course aimed at teaching mastery level skills, knowledge, and procedures appropriate for the cave environment.

## 2.4.6.2 Prerequisites

Applicants for a CCR Cave course must:

- a. Submit a completed Course Registration Form, Medical History Form, and Liability Release Form to GUE HQ.
- b. Hold insurance that will cover diving emergencies such as hyperbaric treatment, e.g., DAN Master-level insurance or equivalent.
- c. Be physically and mentally fit.
- d. Be a nonsmoker.
- e. Obtain a physician's prior written authorization for the use of prescription drugs, except for birth control, or for any medical condition that may pose a risk while diving.
- f. Be a minimum of 21 years of age.
- g. Be a certified GUE Closed-Circuit Rebreather Diver Level 1 diver.
- h. Be a certified GUE Cave Diver Level 2 diver.
- i. Have completed at least 50 non-training CCR dives beyond GUE Closed-Circuit Rebreather Diver Level 1 certification.
- j. Have completed at least 25 non-training Cave 2 dives beyond GUE Cave Diver Level 2 certification.
- k. Own a GUE-approved closed-circuit rebreather.

#### 2.4.6.3 Course Content

The Closed-Circuit Rebreather Cave Diver course is normally conducted over four days. It requires a minimum of five dives and at least thirty-two hours of instruction, encompassing classroom lectures, land drills, and at least ten hours of in-water work.

## 2.4.6.4 Closed-Circuit Rebreather Cave Specific Training Standards

- a. Student-to-instructor ratio is not to exceed 2:1 during land drill or surface exercises; it cannot exceed 2:1 during any in-water training.
- b. Maximum depth of 100 ft/30 m
- c. Dives must not be planned to incur more than 30 minutes of unadjusted decompression time, as established by GUE's DecoPlanner.
- d. Divers must always have sufficient bailout gas to exit the cave from the maximum penetration.
- e. During any zero/limited visibility drills, the instructor must ensure that students' HUDs are clearly visible to them.
- f. The oxygen supply valve must never be closed completely during drills.

### 2.4.6.5 Required Training Materials

GUE training materials and recommended reading as determined by the course study package received via online download after GUE course application.

## 2.4.6.6 Academic Topics

- a. Introduction and course overview
- b. Risks specific to CCR diving in an overhead environment
- c. Bailout gas calculations for bottom and decompression portions of the dive
- d. Equipment configuration considerations

## 2.4.6.7 Land Drills and Topics

- a. Stage cylinder configuration
- b. Use of MAVs/quick disconnects and utilization of off-board gases
- c. SCR mode
- d. Gas-sharing exits
- e. Zero visibility exits (controlling units using HUD only)

#### 2.4.6.8 Required Dive Skills and Drills

- a. Demonstrate a safe and responsible demeanor throughout all training.
- b. Demonstrate proficiency in underwater communication.
- c. Demonstrate proficiency in managing a closed-circuit rebreather configuration.
- d. Demonstrate proficiency with the use of the rebreather during ascents, descents, and diving.
- e. Demonstrate good buoyancy and trim, i.e., approximate reference is a maximum of 20 degrees off horizontal while remaining within 3 ft/1 m of a target depth.
- f. Must be able to swim at least 500 yds/450 m in less than 14 minutes without stopping. This test should be conducted in a swimsuit and, where necessary, appropriate thermal protection.
- g. Must be able to swim a distance of at least 60 ft/18 m on a breath hold while submerged.
- h. Demonstrate ability to install a primary reel while maintaining constant awareness of the rebreather.
- i. Demonstrate the ability to manage a flooded rebreather while discharging excess water.
- j. Demonstrate the ability to switch and maintain desired pO<sub>2</sub> setpoints manually throughout a dive.
- k. Demonstrate effective ability to connect and use off-board  $O_2$  or diluent gas.
- I. Demonstrate effective ability to dive the rebreather in semi-closed mode.
- m. Demonstrate proficiency in removing, staging, picking up, and clipping off stage cylinders while hovering horizontally.
- n. Demonstrate the ability to comfortably switch gases while maintaining good trim and neutral buoyancy.
- o. Demonstrate a calm demeanor while conducting a prolonged full-bailout exit.
- p. Demonstrate proficiency in safe diving procedures, including assembly, vacuum and pressure tests, pre-dive preparation, pre-dive vacuum test, flow check, in-water activity, and post-dive assessment, breakdown, and maintenance.
- q. Efficiently and comfortably demonstrate how to donate gas to an out-of-gas diver while using the rebreather.

- r. Demonstrate comfort and a calm demeanor during a prolonged gas-sharing exit.
- s. Demonstrate a calm demeanor and control during a prolonged zero-visibility exit while maintaining constant control of pO<sub>2</sub>s using the HUD.

## 2.4.6.9 Equipment Requirements

GUE base equipment configuration as outlined in Appendix A, plus:

- a. Modified tank configuration as appropriate for use with a GUE-approved closed-circuit rebreather
- b. Modified regulator configuration as appropriate for use with a GUE-approved closed-circuit rebreather
- c. A GUE-approved closed-circuit rebreather
  - i. The student must own a GUE-approved closed-circuit rebreather before attending the course; they can, however, use a rented or borrowed unit during the course.
  - ii. The closed-circuit rebreather used by the student, with all associated components, must be fully functional (pass all tests on the rebreather pre-dive checklist) and serviced according to manufacturer specifications.
  - iii. All oxygen sensors must be less than one year from manufacturing date.
  - iv. Both the rebreather controller and SOLO board must be updated with the latest software and firmware versions published by the manufacturer.
- d. Spare parts and consumables, including one set of controller, HUD, and solenoid batteries; one oxygen sensor; and one DSV/BOV mouthpiece
- e. One primary and two backup lights
- f. Two stage cylinders with stage regulators
  - i. One decompression stage
  - ii. One bottom stage
  - iii. All stage regulators must have a low pressure inflator hose, allowing them to be connected to the rebreather manual addition valve (MAV).
- g. One stage leash with a double-ender
- h. One jump spool
- i. One safety spool
- i. One primary reel per team
- k. At least twelve line markers; six directional and six non-directional
- Drysuit inflation system independent from back gas cylinders (optional). If using a
  drysuit inflation cylinder attached to the backplate, extended inflation cylinder straps
  need to be used to ensure that it does not interfere with or restrict the counterlung's
  function.

# Excluding:

a. Surface marker buoy with spool

Prior to the commencement of the class, students should consult with a GUE representative to verify equipment requirements and appropriateness of any selected equipment.

# **Appendix A - GUE Base Equipment Configuration**

The GUE base equipment configuration is comprised of:

a. Tanks/cylinders: Students may use a single tank/cylinder with a single- or dual-outlet valve. Students may also use dual tanks/cylinders connected with a dual-outlet isolator manifold, which allows for the use of two first stages. Dual tanks/cylinders connected with a dual-outlet, non-isolator manifold can be used, but only in recreational (no decompression) diving, and are considered an alternative for a single tank/cylinder. Consult course-specific standards and your instructor to verify size requirements.

## b. Regulators:

- i. Single tank: The first stage must supply a primary second stage via a 5 to 7 ft/1.5 to 2 m hose. A backup second stage must be necklaced and supplied via a short hose. The first stage must also supply an analog pressure gauge, inflation for the buoyancy compensator (BC), and (when applicable) inflation for a drysuit.
- ii. Double tank: One first stage must supply a primary second stage via a 5 to 7 ft/1.5 to 2 m hose (7 ft/2 m hose is required for all cave classes), and inflation for the buoyancy compensator (BC). The other first stage must supply a necklaced backup second stage via a short hose, an analog pressure gauge, and (when applicable) inflation for a drysuit.

#### c. Backplate system:

- i. Is held to the diver by one continuous piece of webbing. This webbing is adjustable and uses a buckle to secure the system at the waist.
- ii. A crotch strap is attached and looped through the waistband to prevent the system from riding up a diver's back.
- iii. The continuous webbing must support five D-rings;
  - 1. The first placed at the left hip
  - 2. The second placed in line with a diver's right collarbone
  - 3. The third placed in line with the diver's left collarbone
  - 4. The fourth and fifth are placed on the front and back of the crotch strap when divers plan to use advanced equipment such as DPVs.
- iv. The harness below the diver's arms has small restrictive bands to allow for the placement of backup lights. The webbing and system retains a minimalist approach.
- d. Buoyancy compensation device (BC):
  - i. A diver's BC is back-mounted and minimalist in nature.
  - ii. It is free of extraneous strings, tabs, or other material.
  - iii. There are no restrictive bands or restrictive elastic affixed to the buoyancy cell.
  - iv. Wing size and shape is appropriate to the cylinder size(s) employed for training.
- e. At least one time/depth measuring device
- f. Wrist-mounted compass
- g. Mask and fins: Mask is low-volume; fins are rigid, non-split.
- h. Backup mask
- i. At least one cutting device
- j. Wetnotes with pencils

- k. Surface marker buoy (SMB) with spool: when required, the SMB should be appropriate for environmental conditions and deployed using a spool with at least 100 ft/30 m of line.
- I. Exposure suit appropriate for the duration of exposure

## **Additional Course-Specific Equipment**

- a. Where required, back gas and stage cylinders are marked in accordance with the GUE General Training Standards, Policies, and Procedures document and configured in line with GUE protocols.
- b. When drysuit inflation systems are applicable, they should be sized appropriately for the environment; small tanks are placed on the left side of the backplate with larger supplies affixed to the diver's left back gas tank.
- c. Underwater lights:
  - i. When required, backup lights should be powered by alkaline batteries (not rechargeable) and stowed on the D-rings at a diver's chest.
  - ii. Backup lights should have a minimal amount of protrusions and a single attachment at the rear.
  - iii. The primary light should consist of a rechargeable battery pack and be fitted with a Goodman-style light handle.
  - iv. When burn time requirements create the need for an external battery pack, it should reside in a canister mounted on the diver's right hip.
- d. Guideline devices, as required during cave diving activities:
  - i. A primary reel is required for all cave diving and provides a minimalist form factor with a handle designed to support a Goodman or "hands free" handle operation. The primary reel must contain at least 150 ft/45 m of line.
  - ii. A safety spool is required for each diver while cave diving and must contain at least  $150 \, \text{ft} / 45 \, \text{m}$  of line.
  - iii. A jump or gap spool is required during Cave 2 diving and must contain at least 75 ft/23 m of line.