## 2.3.4 Passive Semi-Closed Circuit Rebreather Diver

#### 2.3.4.1 Course Outcomes

GUE's Passive Semi-Closed Circuit Rebreather (PSCR) Diver course is designed to educate individuals in basic PSCR rebreather technologies and to cultivate diver proficiency in the use of GUE-approved PSCR configurations.

# 2.3.4.2 Prerequisites

Applicants for a PSCR Diver course must:

- a. Submit a completed Course Registration Form, Medical History Form, and Liability Release Form to GUE HQ.
- b. Hold insurance that will cover diving emergencies such as hyperbaric treatment, e.g., DAN Master-level insurance or equivalent.
- c. Be physically and mentally fit.
- d. Be a nonsmoker.
- e. Obtain a physician's prior written authorization for the use of prescription drugs, except for birth control, or for any medical condition that may pose a risk while diving.
- f. Be a minimum of 21 years of age.
- g. Be a certified GUE Technical Diver Level 2 diver or a certified GUE Closed-Circuit Rebreather Diver Level 2 diver.
- h. Have completed at least 25 non-training Tech 2 or CCR 2 dives beyond GUE Technical Diver Level 2 or GUE Closed-Circuit Rebreather Diver Level 2 certification, whichever is applicable.

#### 2.3.4.3 Course Content

The Passive Semi-Closed Circuit Rebreather Diver course is normally conducted over five days. It requires a minimum of eight dives and at least forty hours of instruction, encompassing classroom lectures, land drills, and at least ten hours of in-water work.

#### 2.3.4.4 Passive Semi-Closed Circuit Rebreather Diver Specific Training Standards

- a. Student-to-instructor ratio is not to exceed 6:1 during land drill or surface exercises; it cannot exceed 3:1 during any in-water training.
- b. Maximum depth of 100 ft/30 m
- c. All dives must be within minimum decompression limits (MDLs), i.e., no required stops.
- d. No overhead diving except when taught by an Active GUE Cave 2 instructor.
- e. Students participating in a Rebreather course conducted in a cave environment must be at least GUE Cave 2 certified.

#### 2.3.4.5 Required Training Materials

GUE training materials and recommended reading as determined by the course study packet received via online download after GUE course registration.

#### 2.3.5.6 Academic Topics

- a. Introduction: GUE organization and course overview (objectives, limits, expectations)
- b. Purpose
- c. Common components of rebreathers and how they function

- d. Inherent risks of rebreathers
- e. Rebreather operation, alarms, and warnings
- f. Oxygen risks: hypoxia, hyperoxia
- g. Decompression consideration while using semi-closed rebreathers
- h. Oxygen loading, potential drop, adjusted deco
- i. Equipment configuration
- j. Problem recognition and management
- k. The importance of instinctive physiological monitoring
- I. Pre-dive planning
- m. Post-dive procedures
- n. Need for continuing education and skill reinforcement

## 2.3.4.7 Land Drills and Topics

- a. Flow checks
- b. Rebreather-specific topics:
  - i. Pre-dive preparation and verification
  - ii. Appropriate diving procedures
  - iii. Failure management
  - iv. Maintenance and repair
- c. Manifold failures
- d. Gas addition failures
- e. Gas sharing

### 2.3.4.8 Required Dive Skills and Drills

- a. Demonstrate a safe and responsible demeanor throughout all training.
- b. Demonstrate proficiency in underwater communication.
- c. Demonstrate basic proficiency in managing a passive semi-closed circuit rebreather configuration.
- d. Demonstrate reasonable proficiency with the use of the rebreather during ascents, descents, and diving.
- e. Demonstrate good buoyancy and trim, i.e., approximate reference is a maximum of 20 degrees off horizontal while remaining within 3 ft/1 m of a target depth.
- f. Must be able to swim at least 500 yds/450 m in less than 14 minutes without stopping. This test should be conducted in a swimsuit and, where necessary, appropriate thermal protection.
- g. Must be able to swim a distance of at least 60 ft/18 m on a breath hold while submerged.
- h. Demonstrate ability to manage gas failures, including valve manipulation, gas sharing, and regulator switching as appropriate.
- i. Demonstrate the ability to manage a flooded rebreather while discharging excess water.
- j. Demonstrate the ability to diagnose and correctly respond to simulated rebreather problems.
- k. Demonstrate effective valve management.
- Demonstrate proficiency in removing and re-attaching stage cylinders while hovering horizontally.
- m. Demonstrate the ability to comfortably switch gases while maintaining good trim and neutral buoyancy.

- n. Demonstrate proficiency in safe diving procedures, including assembly, vacuum and pressure tests, pre-dive preparation, pre-dive vacuum test, flow check, in-water activity, and post-dive assessment, breakdown and maintenance.
- o. Efficiently and comfortably demonstrate how to donate gas to an out-of-gas diver while using the rebreather.
- p. Be able to comfortably demonstrate use, manipulation, and failure management of the gas addition system supplying the rebreather.
- q. Demonstrate awareness of a team member's rebreather function and an overall concern for safety, responding quickly to visual or audible indications and dive partner needs during diving and failures.

# 2.3.4.9 Equipment Requirements

GUE base equipment configuration as outlined in Appendix A, plus:

- a. A GUE-approved passive semi-closed circuit rebreather
- b. Modified tank configuration as appropriate for use with a GUE-approved passive semiclosed circuit rebreather
- c. Modified regulator configuration as appropriate for use with a GUE-approved passive semi-closed circuit rebreather
- d. Bottom and/or decompression stages and stage regulators
- e. One primary and two backup lights

Prior to the commencement of the class, students should consult with a GUE representative to verify equipment requirements and appropriateness of any selected equipment.

# **Appendix A - GUE Base Equipment Configuration**

The GUE base equipment configuration is comprised of:

- a. Tanks/cylinders: Students may use a single tank/cylinder with a single- or dual-outlet valve. Students may also use dual tanks/cylinders connected with a dual-outlet isolator manifold, which allows for the use of two first stages. Dual tanks/cylinders connected with a dual-outlet, non-isolator manifold can be used, but only in recreational (no decompression) diving, and are considered an alternative for a single tank/cylinder. Consult course-specific standards and your instructor to verify size requirements.
- b. Regulators:
  - i. Single tank: The first stage must supply a primary second stage via a 5 to 7 ft/1.5 to 2 m hose. A backup second stage must be necklaced and supplied via a short hose. The first stage must also supply an analog pressure gauge, inflation for the buoyancy compensator (BC), and (when applicable) inflation for a drysuit.
  - ii. Double tank: One first stage must supply a primary second stage via a 5 to 7 ft/1.5 to 2 m hose (7 ft/2 m hose is required for all cave classes), and inflation for the buoyancy compensator (BC). The other first stage must supply a necklaced backup second stage via a short hose, an analog pressure gauge, and (when applicable) inflation for a drysuit.
- c. Backplate system:

- i. Is held to the diver by one continuous piece of webbing. This webbing is adjustable and uses a buckle to secure the system at the waist.
- ii. A crotch strap is attached and looped through the waistband to prevent the system from riding up a diver's back.
- iii. The continuous webbing must support five D-rings;
  - 1. The first placed at the left hip
  - 2. The second placed in line with a diver's right collarbone
  - 3. The third placed in line with the diver's left collarbone
  - 4. The fourth and fifth are placed on the front and back of the crotch strap when divers plan to use advanced equipment such as DPVs.
- iv. The harness below the diver's arms has small restrictive bands to allow for the placement of backup lights. The webbing and system retains a minimalist approach.
- d. Buoyancy compensation device (BC):
  - i. A diver's BC is back-mounted and minimalist in nature.
  - ii. It is free of extraneous strings, tabs, or other material.
  - iii. There are no restrictive bands or restrictive elastic affixed to the buoyancy cell.
  - iv. Wing size and shape is appropriate to the cylinder size(s) employed for training.
- e. At least one time/depth measuring device
- f. Wrist-mounted compass
- g. Mask and fins: Mask is low-volume; fins are rigid, non-split.
- h. Backup mask
- i. At least one cutting device
- j. Wetnotes with pencils
- k. Surface marker buoy (SMB) with spool: when required, the SMB should be appropriate for environmental conditions and deployed using a spool with at least 100 ft/30 m of line.
- I. Exposure suit appropriate for the duration of exposure

# **Additional Course-Specific Equipment**

- a. Where required, back gas and stage cylinders are marked in accordance with the GUE General Training Standards, Policies, and Procedures document and configured in line with GUE protocols.
- b. When drysuit inflation systems are applicable, they should be sized appropriately for the environment; small tanks are placed on the left side of the backplate with larger supplies affixed to the diver's left back gas tank.
- c. Underwater lights:
  - i. When required, backup lights should be powered by alkaline batteries (not rechargeable) and stowed on the D-rings at a diver's chest.
  - ii. Backup lights should have a minimal amount of protrusions and a single attachment at the rear.
  - iii. The primary light should consist of a rechargeable battery pack and be fitted with a Goodman-style light handle.
  - iv. When burn time requirements create the need for an external battery pack, it should reside in a canister mounted on the diver's right hip.
- d. Guideline devices, as required during cave diving activities:

- i. A primary reel is required for all cave diving and provides a minimalist form factor with a handle designed to support a Goodman or "hands free" handle operation. The primary reel must contain at least 150 ft/45 m of line.
- ii. A safety spool is required for each diver while cave diving and must contain at least 150 ft/45 m of line.
- iii. A jump or gap spool is required during Cave 2 diving and must contain at least 75 ft/23 m of line.